





Improving lives by advancing precision surgery

January 2012

Progressing bowel cancer treatment and research

Progressing bowel cancer treatment remains central to Pelican's activities and we have been able to organise four major events in recent months to support this aim.

Our Bowel Cancer Charity Day was a first for Pelican, enabling representatives from the UK's bowel cancer charities to get together, network and compare notes.



of its kind encouraging specialists to recruit patients on to trials, and the advanced bowel cancer treatment conference surpassed all expectations with senior clinicians attending from across the world. This has led on to an exciting new collaboration which will meet again in March and next year will also see a meeting to bring together various groups of researchers to discuss further bowel cancer research.

These events were funded due to the generosity of the Rotary Club, Basingstoke. Hugh Barnard, last year's President of the Basingstoke Rotary Club, is pictured handing Pelican's CEO Sarah Crane a cheque for £24,200.



Wedding bells for former pseudomyxoma patient Linda Di Cara

Pseudomyxoma is a rare type of cancer which usually begins in the appendix as a small growth, or polyp. When she fell ill last year Linda and fiancé Lea were

forced to cancel their wedding. But as Linda explains, "Due to the expertise and care I received from Mr Brendan Moran and his dedicated team in Basingstoke, Lea and I were able to rearrange our wedding and plan for our future together. Just five months after my operation in May 2011 our dream day came true!"

Instead of writing a traditional wedding present list, Linda and Lea asked for donations to Pelican and have raised an amazing figure of £3,800. This enabled us to host a remarkable pseudomyxoma information day for medical teams at Basingstoke (see P.2). We are extremely grateful at Pelican, and send Linda and Lea the very best of wishes for every happiness as they start their new life together.

Pelican is now on Twitter! Follow us at Pelican_Cancer - and don't forget we're also on Facebook at Pelican Cancer Foundation.

www.pelicancancer.org

Inside

on surgery

- The Travelling Souk Christmas
 Fair is a great success P.2
- Read about some of Pelican's pioneering courses for cancer specialists P.2
- Pelican to become a CLG P.3
- Up for a challenge? Find out how to have an experience of a lifetime and support Pelican with our Three Peaks Challenge P.3



Pelican Cancer Foundation is dedicated to improving survival rates and quality of life for patients with pelvic (lower bowel, prostate, bladder) and liver cancers.

Surgery cures more patients than any other cancer intervention and Pelican is a world leader in pioneering research and education for precision surgery.

With your generous support, Pelican trains surgeons and cancer teams in the latest life-saving, lifeenhancing surgical skills and sponsors pioneering clinical research.

Without your support we cannot continue our work.

Thank you

Sharing life-saving and life-enhancing knowledge and skills



Some of the on-going programmes and recent courses run at Pelican

LOREC

Pelican is delivering the Dept. of Health's pilot programme LOREC, with clinical lead Mr Brendan Moran, Hampshire Hospitals Foundation Trust. The programme has been set up to improve cancer outcomes and quality of life for patients with low rectal cancer.

Pseudomyxoma Day

Basingstoke is one of only two centres in the UK performing pseudomyxoma operations. A link to live surgery allowed cancer professionals to interact with the surgical team and investigate the many issues surrounding these complex cases.

Haemorrhoid course

This course enabled surgeons to further develop their skills through interaction via live link to three surgical cases.

Steps of TME

This on-going programme allows thirty surgeons at a time to spend the day with Pelican's Professor Bill Heald whose pioneering work into rectal cancer treatment remains the benchmark for treatment of this cancer today.

Laparoscopic Theatre Skills

A day course enabling nurses to learn the latest in key-hole surgery theatre skills.

Getting our message across and supporting others to find theirs

This has been a good and busy time for Pelican. Supporting research is a major part of Pelican's work and the previous few months have seen a number of important research papers published in high impact journals. We have advertised a number of research grants of £10,000 to assist clinical researchers looking specifically at advancing more precise surgical techniques.

In October America joined the UK's NHS in recommending that men do NOT undergo routine PSA screening for prostate cancer. Pelican has been promoting this message for the past six years as the test can be unreliable, resulting in overtreatment and in many cases incontinency and impotency. See our website for more information and news articles about this sensitive issue.

We're about to advertise for all bowel cancer teams to join the national low rectal cancer programme (LOREC), and other forthcoming plans include running workshops for GPs to promote awareness of the treatment paths for bowel disease and a urology course to focus on the use of MRI to identify significant prostate cancer. And of course we will be continuing with our



Delegates Steps of TME, September 2011

usual programme of courses for cancer clinicians from across the UK and worldwide.

We've hosted some highly successful fundraising events, have had amazing support from the wonderful people who've organised individual events, and we are as always extremely grateful to all our donors. At the end of the day what we want is to help more cancer patients live for longer with the best quality of life – and we need on-going funding to be able to do this.

For example, links to live surgery are a major feature of our courses and help attract leading specialists from across the world. It costs £1,000 per day to provide this unique facility.

Thank you to all of you who support Pelican Cancer Foundation in whatever way.

Sarah

Sarah Crane, CEO, Pelican



Travelling Souk Christmas Fair raises £4,700!

Thank you to everyone who came to support our Christmas Fair at The Great Barn, Old Basing at the beginning of November.

The 16th century barn proved a magnificent setting for the 50 stalls with their enticing and distinctive ranges of clothing, jewellery and accessories, and their fine foods, unique gifts

and stunning home-ware. It was wonderful to see over 350 people enjoying themselves and to have the opportunity of meeting so many of our amazing supporters.

The £4,700 raised will go towards continuing the vital work of the Foundation. Look out for details of next year's Travelling Souk fair to support Pelican.

Thank you to Sherfield-on-Loddon based marquee company Sandhurst Marquees for their incredibly generous donation of a carpet for the day and to our sponsors – SONY, The Hampshire Clinic, Barclays Corporate, Tony Purslow Ltd and Carter Jonas.

Up for a Challenge?

... Why not experience the thrill of the Three Peaks Challenge—and help support Pelican!

The Three Peaks Challenge tackles the three highest mountains in Scotland, England and Wales - Ben Nevis, Scafell Pike and Mt Snowdon.

With 40kms of stunning scenery, spectacular views, and the comradeship of your fellow climbers, the challenge is to complete the trek in 24 hours!



The national parks are increasingly encouraging people to do the Three Peaks Challenge with a professional group rather than individually. Our Challenge is organised by The Ultimate Challenges Travel Company, so this is a fantastic opportunity to participate in a great experience and support Pelican.



WHEN AND HOW

If you're interested in finding out more, the Pelican Three Peaks Challenge takes place 17-19 August 2012. To book your place or for more information contact Lucy on admin@pelicancancer.org or phone her on 01256 314 746.

Go on! Challenge yourself!

Pelican to become a CLG (Company Limited by Guarantee)

Pelican, like many charities, has made the decision to become an incorporated charity. This will come into effect in April 2012.

There will be no change to our charitable status or to what we do. It is purely an administrative 'tweak' necessary due to the wide range of activities we undertake.

Being incorporated will mean we have a legal entity and limits the liability of our volunteer trustees.

Registered Charity Number will be 1141911 (England and Wales), Company Limited by Guarantee Number 7264864 (England).

AMRC Membership

Pelican is a member of the Association of Medical Research Charities (AMRC), set up to help advance medical research.

We are proud to be one of its 127 members – not many if you consider how many UK charities there are, and we all maintain the highest standards of medical research. To be a member we have to be transparent about our research and

how much money we put into research, about how we chose projects to support and how we monitor them.



Demystifying the jargon - 'MDT'

One of the many terms patients with cancer will come across is that of 'MDT'. It means 'multi-disciplinary team', and refers to the team of healthcare professionals who will be involved in their diagnosis and treatment.

A bowel cancer or colorectal MDT comprises: a surgeon; an oncologist (chemotherapy and radiotherapy specialists); gastroenterologist (diagnoses and treats disorders of the stomach and intestine); radiologist (imaging specialist); pathologist (analyses tumour biopsies and specimens to grade cancer cells); specialist nurse; and team coordinator.

The specialist nurse is often the keyworker and main point of contact for the patient. Nichola Richards and Marion Rogers are Colorectal Nurse Specialists at Hampshire Hospitals Foundation Trust.

Nichola (pictured) says:
"As keyworker the
Colorectal Nurse Specialist
provides a link between
all members of the MDT
and the patient. The
Colorectal Nurse Specialist
provides support, advice
and information from the
point of diagnosis
onwards."



Working with Industry

Pelican is very grateful for support from industry partners. We would not be able to offer our full programme of courses and meetings without educational grants from instrument and pharmaceutical companies, although it's important to make clear that no conflict of interest exists and industry partners have no influence on the content of our courses.

This is now a highly regulated area. We have to apply for grants through a rigorous and competitive process. All

applications are reviewed and put to a panel, but the grants mean that we can make courses and meetings affordable for specialists, while maintaining our high standards.

Representatives from Lifecell, Bard and Covidien are pictured at the LOREC workshop they helped sponsor in September 2011.



VOLUNTEERS

A big thank you to our volunteers who have recently helped at the Pelican office. Claire Hill (pictured right) delved into the archives to produce an essential list of Pelican's published research papers and Shahida Akhtar (left) did some valuable work on our supporters' database.

Welcome to Aru Govande who has just joined us and who will also be working on the database.

If you would like to help, at an event or regularly in the office, then do please get in touch with us either via email to admin@pelicancancer.org or call Lucy on 01256 314746.

The Pelican Film Club—forthcoming films

The Pelican Film Society shows films which either never made it to Basingstoke, or which came and went too quickly for most of us to see. Films are usually shown on the first Monday of the month at 7.30pm, and a bookable evening meal is available at the Blue Café Bar, The Ark.

New members and guests always welcome!

Annual Membership £40 for 11 films or pro-rata, Guests £5 per film Phone 01256 314 746 or email admin@pelicancancer.org for further details

6 February 2012 *Memento*5 March 2012 *Potiche*2 April 2012 *Life in a Day*



www.pelicancancer.org
Registered charity 1019311



The Ark
Dinwoodie Drive
Basingstoke
Hampshire
RG24 9NN

T: 01256 314 746; E: admin@pelicancancer.org

Why not join us for...

Our charity golf day

Donnington Valley Golf Club *Wednesday 16 May 2012*

Play for an array of superb prizes, Including the Pelican silver trophy; enjoy breakfast and a sumptuous lunch at the Donnington Valley Hotel; and have a great day on the green (shotgun start)!

The Charity Golf Day is always a star event in our calendar, so do please make up a team of four and join us on 16 May.

Entry fee: £390 for a team of 4

An evening of music

Jacqueline du Pré Concert in aid of Pelican

Tuesday 6 March 2012, 7.30pm Wigmore Hall, London W1U 2BP

Another eagerly anticipated event in the Pelican diary, the programme for this year's concert includes works by Fauré, Chopin, Beethoven and Butterworth.

Book your tickes on 020 7935 2141 or through www.wigmore-hall.co.uk.

A day at the races

Newbury Racecourse Meeting Saturday 24 March 2012

Pelican is holding an 'Exit Collection' after the racing and all volunteers who help collect will receive free tickets to the Premier Enclosure.

To enter a team for the Charity Golf Day, to find out about Pelican coach arrangements for the concert, to volunteer to collect at the race meeting, or for more information about any of the events above, please call

01256 314 746 or e-mail admin@pelicancancer.org.