

Making a difference for today's cancer patients

As well as organising courses to improve precision surgery, Pelican also hosts meetings and symposia to bring together groups of experts to discuss their speciality. These meetings have proved to be hugely interesting and beneficial to those attending; they are also quite lively as clinicians tend to have strong convictions about their own areas of expertise.

These meetings result in national guidelines being published. At two recent meetings, experts from around UK and Europe drew up national guidelines for both hepatocellular carcinoma (a primary liver cancer) and neuroendocrine tumours (a rare condition found in nerve cells that produce hormones).

These meetings really push forward the understanding and treatment of patients - producing results for today's cancer patients.

Upcoming Pelican events include a Colorectal Liver Metastases Meeting in September at the Ark and a Prostate Cancer Guidelines meeting in New York in May 2010.



Delegates who attended the Pelican Neuroendocrine Meeting—2009

Would you like to see what Pelican does? Then come along to a Pelican Open Day (10th July or 6th August 2009). Everyone is welcome to come and find out what the charity is currently doing.

www.pelican-cancer.org - 01256 314746

Registered charity number 1019311

Research

Medical Research

Pelican introduced the Research Review Panel in March 2009 chaired by Sir Bernard Ribeiro CBE. The panel will be responsible for reviewing all research applications and monitoring Pelican's projects, making sure that we support the best.

In April 2009 we became members of the Association of Medical Research Charities. This is a robust organisation that ensures we meet the most rigorous oversight of our medical research.

Pelican is involved in a move to emphasise the importance of research into improving surgical outcomes. The number of academic surgeons has been reduced by 50% in the last ten years due to a lack of funding for research and training in surgery. The UK national research budget is dedicated to research into the future silver bullet for cancer - certainly a

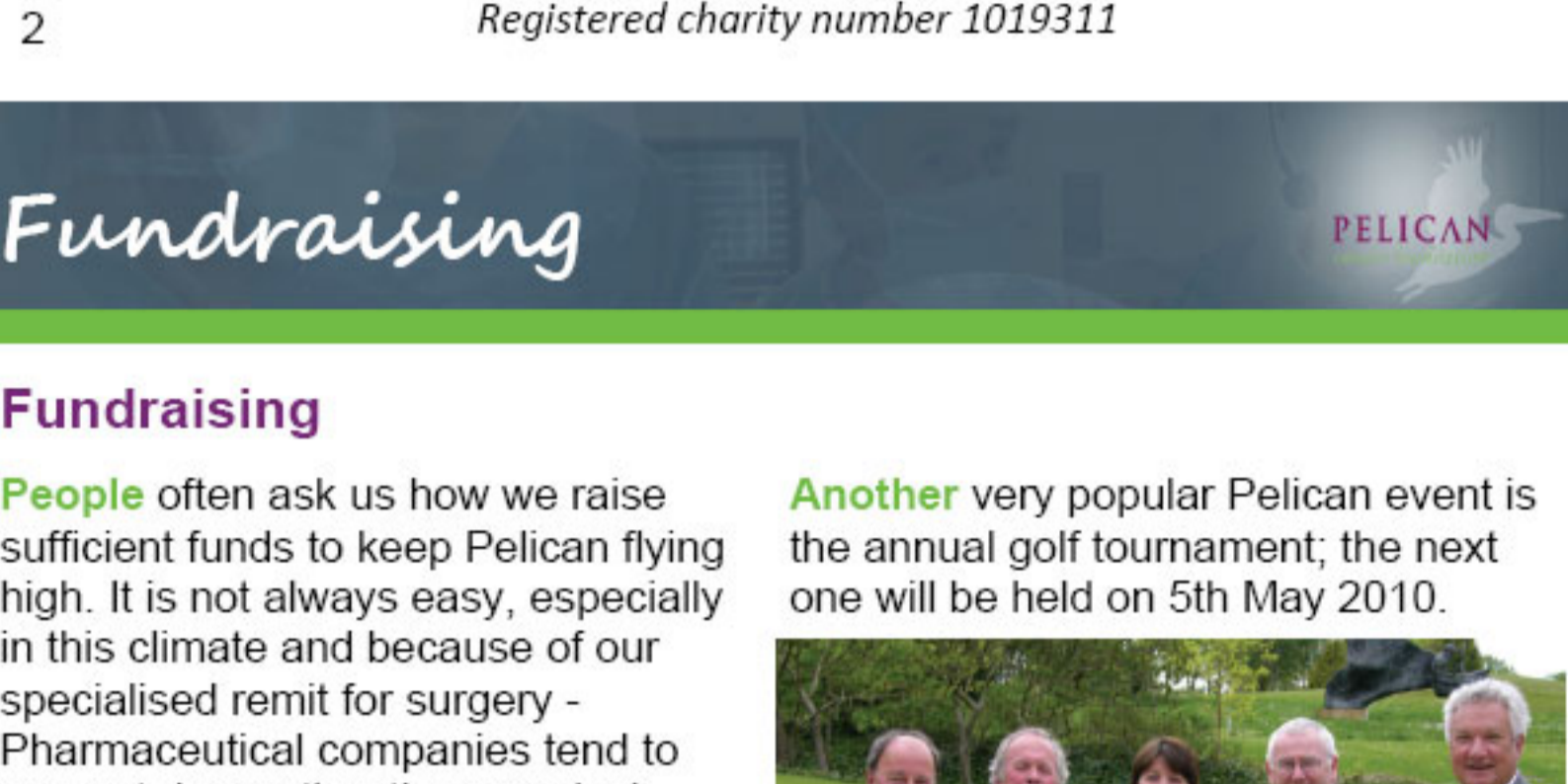
good thing but at the same time we need to continue working on what is still proven to produce the most cures for cancer today - good surgery.

In May 2009 we hosted a meeting in London to discuss the results of the last five years of Pelican sponsored research. This meeting involved all the centres that had participated in the MERCURY research project including those from Stockholm and Berlin.

Thanks to the generous support of all our funders, the MERCURY research has changed the treatment and improved the survival rate of patients around the world.

MERCURY research is about improved surgical planning, through better imaging and careful dissection, to remove the tumour.

Surgery cures more patients than any other intervention for cancer— however only 1.3% of cancer research money is spent on the advancement of superior surgical techniques!



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Fundraising

People often ask us how we raise sufficient funds to keep Pelican flying high. It is not always easy, especially in this climate and because of our specialised remit for surgery - Pharmaceutical companies tend to support drug rather than surgical research.

Pelican relies, to a large extent, on generous donations from individuals and families who are grateful for the medical expertise of one of the Pelican team or the contribution the charity is making in the fight against cancer.

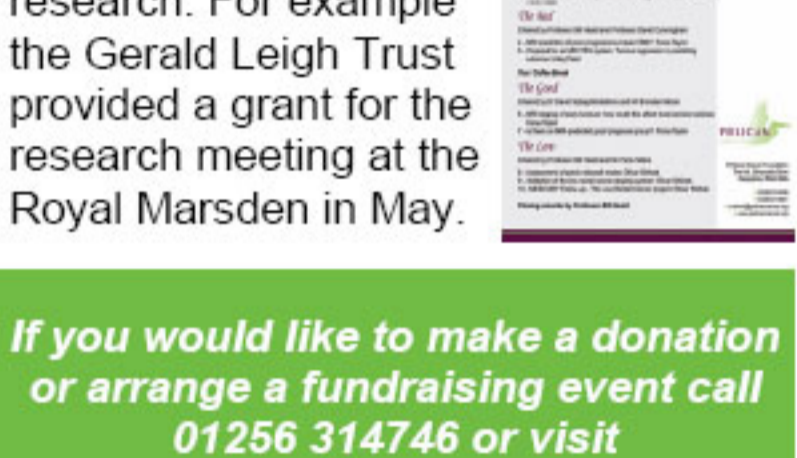
Pelican is grateful for industry sponsorship for courses - we recently had a very interesting demonstration of microwave as a treatment for liver cancer, on a piece of meat from the butcher! The Department of Health also sponsors Pelican to provide courses; we are part of the national training programme for laparoscopic colorectal cancer.

Pelican also receives donations from fundraising events: a recent success was the Soiree Musicale at 22 Mansfield Street - a big thank you to everyone who attended this special event.



Gemma Rosefield—one of the stars who played at the Soiree Musicale

Another very popular Pelican event is the annual golf tournament; the next one will be held on 5th May 2010.

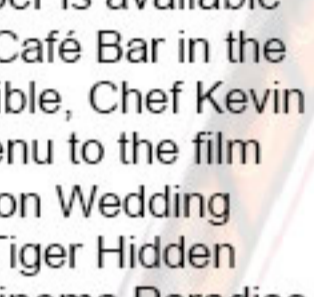


Beagle's Boys (the 2009 Pelican Golf Tournament winners) receiving their trophy from Sarah Crane, Pelican CEO

The Ark Centre—where Pelican is based—also has a charity golf day which will be held on 17th September 2009 at Sandford Springs. If you would like to attend, email Stuart Rowsell on jill1@uwclub.net

This year a number of charitable trusts have also provided funding for events, courses and research. For example the Gerald Leigh Trust provided a grant for the research meeting at the Royal Marsden in May.

If you would like to make a donation or arrange a fundraising event call 01256 314746 or visit www.pelican-cancer.org



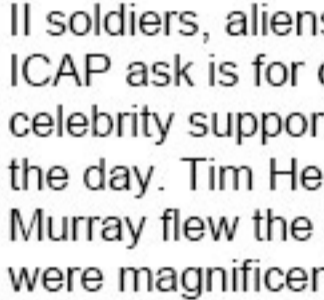
Fundraising

Ironman Rob

On 2nd August 2009 a team captained by Rob Wilby will be taking part in the Ironman UK Triathlon in Bolton. The event is made up of the following disciplines: a 2.4 mile swim in a reservoir; a 112 mile bike ride around the Lancashire countryside and then a 26 mile run. To put this in context; after swimming 154 lengths of your local pool, you hop on your bike and ride from Birmingham to London before you then run the Marathon. Quite a feat.

The main reason for Rob's enthusiasm to raise money for Pelican was that Rob's father-in-law, Malc was treated successfully by surgeons affiliated to the Pelican Cancer Foundation. Now Rob's mission, together with his fundraising Oxygenaddict teammates, is to raise £20,000 for The Pelican Cancer Foundation.

If you would like to sponsor the team, visit www.oxygenaddict.com (where you can find more information on how the team's doing) alternatively, send a cheque (payable to Pelican) to:



Pelican Cancer Foundation, The Ark, Dinwoodie Drive, Basingstoke, Hampshire, RG24 9NN

Pelican Film Society

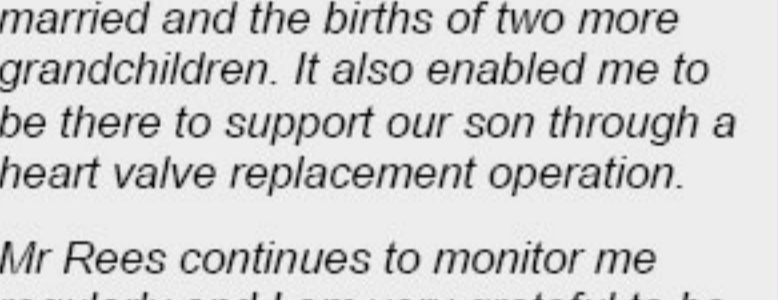
The Pelican Film Society started in October 2003 with the idea of showing films which might not have made it to Basingstoke - or which came and went too quickly for most of us to see. The Squire Lecture Theatre in the Ark with its comfortable tiered seats and large projection screen lends itself perfectly to these private screenings.

The films shown are an eclectic mix and are chosen from suggestions made by members who can also bring guests to the showings for a small fee.

Before the film, supper is available in the licensed Blue Café Bar in the Ark. Wherever possible, Chef Kevin tries to match the menu to the film for example: Monsoon Wedding (Indian), Crouching Tiger Hidden Dragon (Chinese), Cinema Paradiso (Italian) and Whale Rider (fish!)

Since it began, the Pelican Film Society has donated around £1200 each year to The Pelican Cancer Foundation.

Contact Pelican to join the film society on 01256 314746 or email admin@pelican-cancer.org



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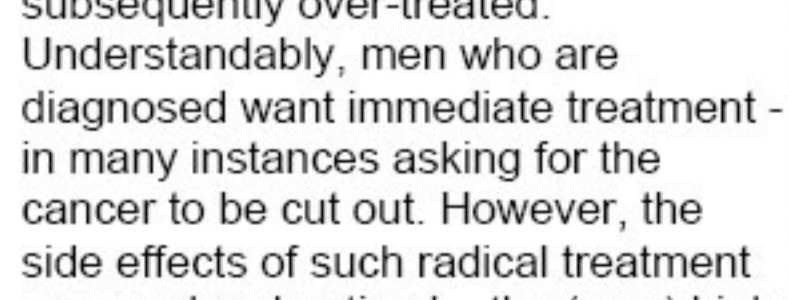
News

ICAP Charity Day

Every year ICAP, the international brokers, hosts an extremely successful worldwide Charity Day and Pelican was delighted to be invited along as one of ICAP's sponsored charities.

Everyone in ICAP joins in; brokers dress up—we met some (rather large and masculine) Spice Girls, World War II soldiers, aliens and court jesters. All ICAP ask is for charities to bring their celebrity supporters along to help on the day. Tim Henman and Jamie Murray flew the flag for Pelican and were magnificent, kissing the girls and chatting to everyone!

Pelican is extremely grateful to ICAP for making us one of the charities to benefit from their annual Charity Day - which this year raised £11M worldwide.



Tim Henman brokers a deal for Pelican

Thank you Pelican

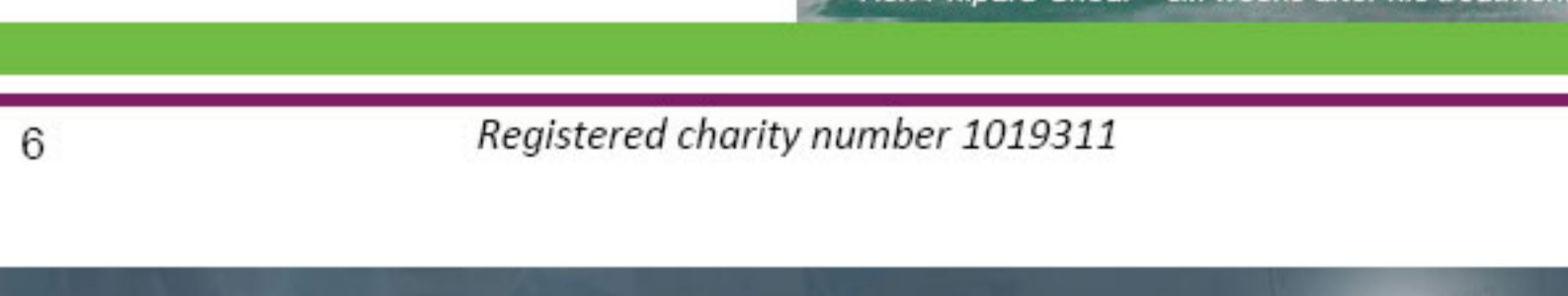
Geoffrey Ives (diagnosed with secondary liver cancer after being treated for bowel cancer)

It is now four years since I had my first of four liver resections under Mr Myrddin Rees and his team at Basingstoke. These operations, some of which have been long and difficult for Mr Rees' team, have given me a life I would not have otherwise had. It has enabled Jean, my wife, and I to celebrate our 45th wedding anniversary, to see our daughter married and the births of two more grandchildren. It also enabled me to be there to support our son through a heart valve replacement operation.

Mr Rees continues to monitor me regularly and I am very grateful to be managed by such a dedicated team.



Mr Merv Rees, Mr Tim John and Miss Fenella Welsh



News

Prostate Specific Antigen (PSA) Testing

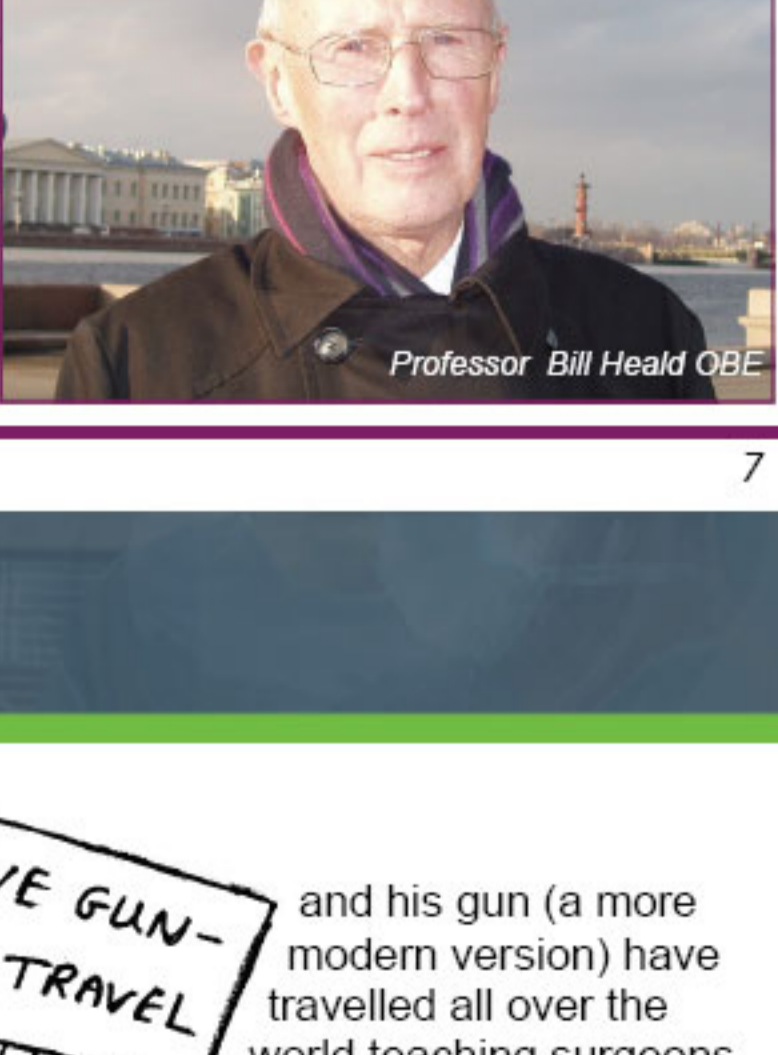
Two recent research studies, published in the New England Journal of Medicine in March 2009, about Prostate Specific Antigen (PSA) testing seem to have added rather than clarified the confusion surrounding prostate cancer diagnosis. These studies caused the media to call for a national PSA screening programme to test for prostate cancer however PSA is notoriously unreliable.

It is difficult to diagnose prostate cancer and it's particularly difficult to get images or pictures of the disease because of the gland's position in the body. When cancer is found, there is no way of being sure if it is a 'pussycat or a tiger'; a slow growing tumour that is rarely dangerous or a fast growing malignancy that is life threatening.

These challenges mean that men are often over-diagnosed and subsequently over-treated. Understandably, men who are diagnosed want immediate treatment - in many instances asking for the cancer to be cut out. However, the side effects of such radical treatment are poorly advertised - the (very) high instance of erectile dysfunction and permanent bladder weakness. It's not an easy choice - to have an operation that may or may not be necessary, which will give you peace of mind but

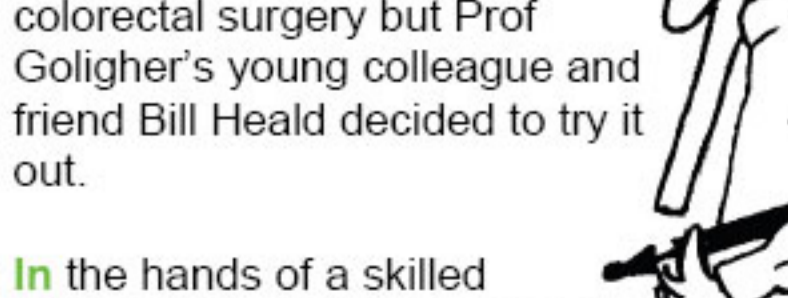
which might also mean no more sex and loss of bladder control.

To try and help patients make a more informed choice, Pelican is working to make prostate diagnosis and treatment more precise. We are working to distinguish high risk from low risk prostate cancer. Pelican supported research on improving the Magnetic



Ken Phipard-Shear—six weeks after his treatment

After his treatment Ken said 'I had a little pain in the first week but by the third week after my HIFU treatment I was back to walking our dog for two miles each day and now here is a picture of me windsurfing after six weeks.'



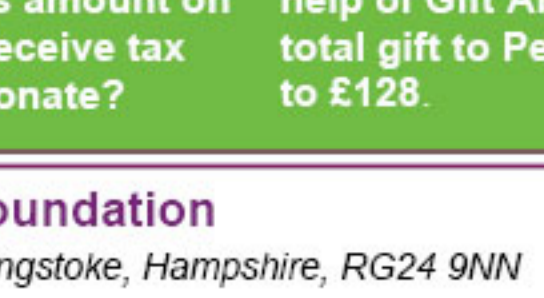
Professor Bill Heald OBE

News

Have gun will travel

More than 30 years ago a well-known bowel cancer surgeon, Professor John Goligher, bought a strange looking implement for £5 in a Turkish bazaar. On returning to work in London no-one seemed to know how to use what turned out to be a Russian stapling gun for colorectal surgery but Prof Goligher's young colleague and friend Bill Heald decided to try it out.

In the hands of a skilled surgeon this gun proved to be the turning point in the treatment of bowel cancer throughout the world and when Bill Heald moved to Hampshire in 1976 Basingstoke Hospital became the centre of excellence for bowel cancer surgery. Since then Prof Heald



and his gun (a more modern version) have travelled all over the world teaching surgeons about precision surgery.

Ironically the gun returned to Russia in March when Prof Heald gave a live surgical demonstration to 238 senior surgeons from 80 cities in nine countries. Part of the operation was even shown on a Russian TV news channel. The patient, who was a professional wild boar hunter, was discharged home four days later. When the patient was interviewed on TV about the operation, he said that under the anaesthetic he dreamt about shooting wild boar - but missed the lot!

Support Pelican and reclaim your tax

Did you know that if you currently pay 40% tax and have made donations to Pelican—if you include this amount on your tax return—you can receive tax relief on the amount you donate?

This means that if you give Pelican £100, it will only cost you £75! With the help of Gift Aid this means that your total gift to Pelican would then amount to £128.

The Pelican Cancer Foundation
The Ark, Dinwoodie Drive, Basingstoke, Hampshire, RG24 9NN

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